The results are grouped by stressor, and the average score is shown for each question associated with that stresso

Demands	Question	Average	Question Relationships	Average		ng very well - need to maintain performance
Demanus	3 Different groups at work demand things from me that are hard to combine	2.00	5 I am subject to personal harassment in the form of unkind words or behaviour	3.00	Goo	resents those at, above or close to the 80th percentile [†] d, but need for improvement. Represents those better than age but not at, above or close to the 80th percentile [†]
	6 I have unachievable deadlines	2.00	14 There is friction or anger between colleagues	2.00	Clea	r need for improvement. Represents those better than average but
	9 I have to work very intensively	2.00	21 I am subject to bullying at work	4.00	Urge	at, below or close to the 20th percentile ¹ ent action needed. Represents those at, below or close to the 20th entile [†]
	12 I have to neglect some tasks because I have too much to do16 I am unable to take sufficient breaks	2.00	34 Relationships at work are strained Overall	2.00 2.75	—— perc	entine
	18 I am pressured to work long hours 20 I have to work very fast 22 I have unrealistic time pressures Overall	2.00 2.00 5 2.00 2.00	Role 1 I am clear what is expected of me at work 4 I know how to go about getting my job done	4.00		
Control	Overall	2.00	11 I am clear what my duties and responsibilities are13 I am clear about the goals and objectives for	4.00		
Control	2 I can decide when to take a break	2.00	my department 17 I understand how my work fits into the overall aim of the organisation	3.00		
	10 I have a say in my own work speed 15 I have a choice in deciding how I do my work	3.00 4.00	Overall	3.40		
	19 I have a choice in deciding what I do at work	3.00	Change			
	25 I have some say over the way I work	4.00	26 I have sufficient opportunities to question managers about change at work	3.00		
	30 My working time can be flexible	2.00	28 Staff are always consulted about change at work	2.00		
	Overall	3.00	32 When changes are made at work, I am clear how they will work out in practice Overall	2.00		
Managers' Support						
	8 I am given supportive feedback on the work I do	3.00				
	23 I can rely on my line manager to help me out with a work problem	3.00	5.00			
	29 I can talk to my line manager about something that has upset or annoyed me about work	4.00	4.50			
	33 I am supported through emotionally demanding work	3.00	3.50		Your Results	
	35 My line manager encourages me at work Overall	3.00 3.20	2.50		■ Suggested Interim T ■ Suggested Longer T	
		3.20	1.50			
Peer Supp	7 If work gets difficult, my colleagues will help me 24 I get help and support I need from colleagues 27 I receive the respect at work I deserve from my colleagues 31 My colleagues are willing to listen to my	4.00 4.00 4.00	1.00 0.50 0.00 Tongates Carters Support Feet Support Relationships Rose	Charge		
	work-related problems Overall	4.00	Ha.			